

ARISE AT THE FARM



ARISE At The Farm
1972 New Boston Road
Chittenango, NY

(315) 671-3092
[www.ariseinc.org/services/
recreation-and-art/](http://www.ariseinc.org/services/recreation-and-art/)

Horsemanship:
June 28- July 2 (Varsity)
July 5-July 9
July 12-July 16
July 19-July 23
July 26-July 30

Summer Recreation:
August 2- August 6 (Adults 21+)
August 9-August 13
August 16-August 20
August 23-August 27

What is ARISE at the Farm?

We began in 1998 with a gift and a dream. On a horse farm donated by Dr. James Marshall, we give children and adults with disabilities access to year-round recreation and adventure. We believe that people of all ages and abilities should have the opportunity to experience the benefits and joy of recreation..

What programs are available?

Horsemanship runs for the month of July, Monday through Friday, 9am to 2pm, with a new session beginning each Monday. Participants receive a daily horseback riding lesson and learn first-hand about different parts of the horse, as well as tacking, grooming and caring for horses. New in 2021, we will be offering Varsity Horsemanship for experienced participants.

Summer Recreation runs for the month of August, Monday through Friday, 9am to 3pm, with a new session beginning each Monday. Summer Recreation offers many different inclusive activities tailored for different age groups and interests. Participants can experience traditional summer activities, such as biking and fishing, as well as play on our fully inclusive playground and visit the farm's animals. Transportation from 635 James St. to ARISE at the Farm and back is available the last two weeks of programming.

Inclusive Recreation also includes:

- Biking
- Fishing
- Hiking
- Stories
- Singing
- Arts and Crafts
- Visiting the Farm's petting zoo
- Daily Flag Ceremony
- Horse Grooming
- Field Games

Transportation may be available for participants

How can I learn more?

Call Mary Schwanke, Manager of Respite
and Family Support Services at
(315) 671-3092

or visit:

www.ariseinc.org/services/recreation-and-art/